



DMT Technical Requirements

Spring Cups & National Age Group Final

2022

Trampoline National Technical Committee

British
Gymnastics
More than a sport

Spring Cups & National Age Group Final 2022

Requirements

Gymnasts must achieve the minimum score (cumulative Q1 round score achieved at the same qualifying event) shown below to rank for their respective age groups.

FIG			
CAT	Male	Female	DD Limit
Age	Minimum total score	Minimum total score	Maximum per element
10	40.0	40.0	2.8
11 to 12	42.1	41.4	4.0
13 to 14	43.1	42.5	4.6
15 to 16	45.5	43.1	4.6
17 to 21	47.1	44.5	5.2
Senior	48.7	45.5	No limit

- For the 11-12 age group, the performing of triple somersaults is strictly prohibited and will result in disqualification.
- For all age groups (not Senior), the performing of quadruple somersaults is strictly prohibited and will result in disqualification.

Gymnasts cannot move between the 17-21 age group and Senior at the Spring Cups and National Age Group Final in the same competition season.

Competition Format

Spring Cups

- Qualification 1 (all gymnasts) – 2 exercises, cumulative score
- Qualification 2 (all gymnasts) – 1 exercise, scores starting from zero
(time permitting an additional 1 touch warm up will be awarded between Q1 and Q2 phases of competition)
- Final 1 (top 8) – 1 exercise, scores starting from zero
- Final 2 (top 4) – 1 exercise, scores starting from zero

Please pay close attention to the rules regarding repetition of elements. The FIG code of points for 2022 will be adopted for this competition.

National Age Group Final

- Qualification 1 (all gymnasts) – 2 exercises, cumulative score

- Final 1 (top 8) – 1 exercise, scores starting from zero
- Final 2 (top 4) – 1 exercise, scores starting from zero

- FIG rules will be applied other than;
 - if there are 8 or fewer gymnasts in any age group the ranking for Final 2 will be cumulative over all previous rounds of competition (qualification 1 & final 1)
 - The starting order for the Final phases will be in order of merit, the gymnast with the lowest total score in the Qualifying Round going first.

Please pay close attention to the rules regarding repetition of elements. The FIG code of points for 2022 will be adopted for this competition.

At all British Gymnastics events, a nominated panel (Member of TC, Chair of Panel and 1 x national or pathway coach) reserves the right but not the responsibility, to end a performance (during training, warm-up or competition) that is deemed to be unsafe at any time. If a gymnast is deemed unsafe or falls unacceptably below the standards required, a Member of the panel will approach the personal coach to discuss the matter to reinforce standards and, where appropriate, this will be followed up in writing.

Qualification to the National Age Group Final

A maximum number of gymnasts per age group, per gender will be invited to attend the National Age Group Final (**number of gymnasts to be confirmed after first Spring Cup**) made up of the following:

- Current members of the GBR National Junior & Senior Squads will be invited to enter the National Age Group Final.
- The remaining places will be allocated in rank order from the Spring Cup events providing the minimum total score has been achieved.
- Should places remain available the Technical Committee may invite gymnasts from official Home Nation events providing they have competed at a Spring Cup and achieved the minimum total score.

The final list of qualifiers for the National Age Group Final will be published on Monday 23rd May 2022.

Entry to the National Age Group Final (NAGF) must be completed by clubs via British Gymnastics' GymNET online Entry Portal by the published closing date.

PLEASE NOTE: If there are any amendments to the FIG Code of Points the TC reserve the right to amend these technical requirements.